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## Introduction

Internet usage has changed the way adolescents socialize. To date, the factors associated with internet addiction among Malaysian adolescents is still lacking. This study aims to determine the factors associated with internet addiction among school-going adolescents in Malaysia.

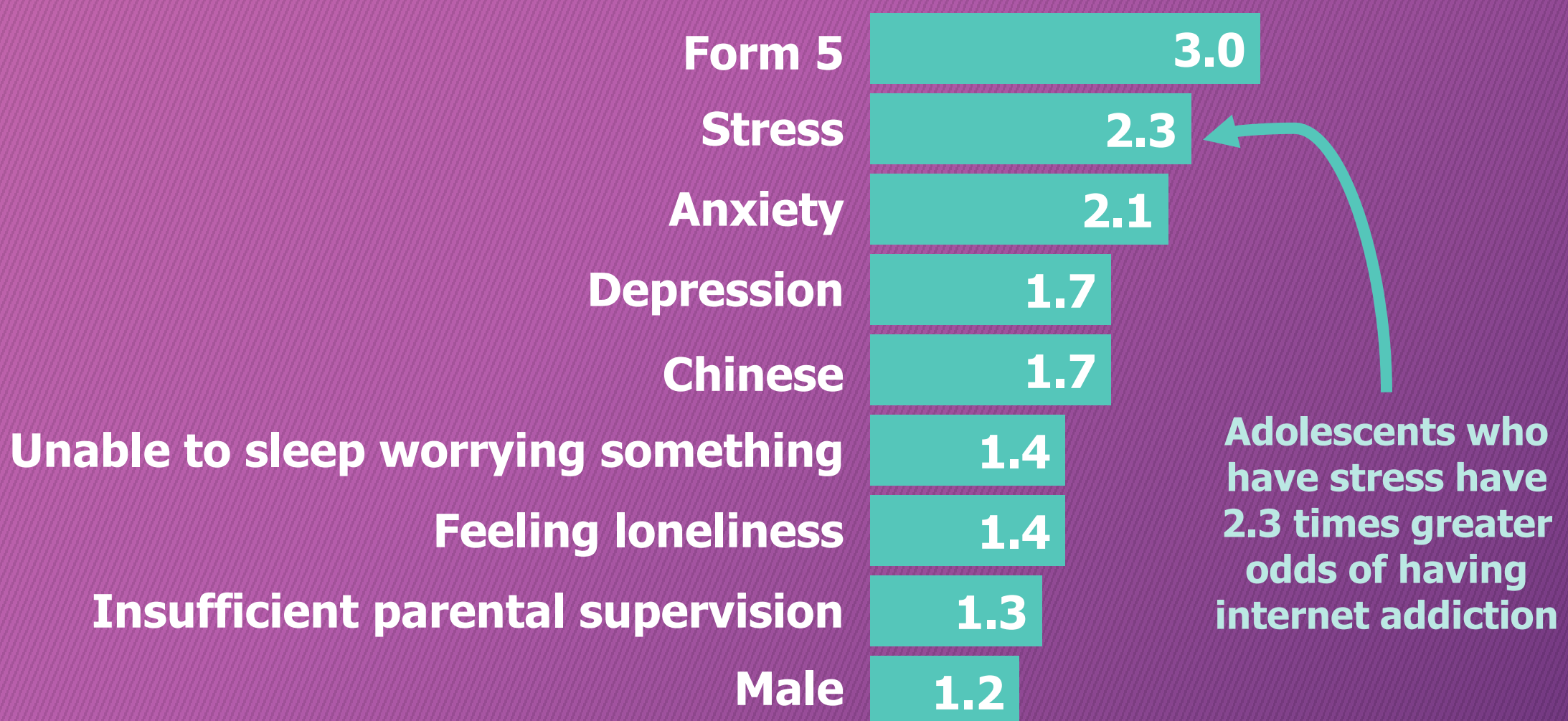


## Materials and Methods

This study was a cross-sectional study involving 27,455 school-going adolescents from 212 selected schools in Malaysia, as part of the 2017 National Health and Morbidity Survey (NHMS) that implemented a two-stage stratified cluster sampling design. Data collection was conducted from March till May 2017. A self-administered questionnaire was used to measure health risk behaviors among Malaysian adolescents.

## Results

### School-going Adolescents with the Following Factors Have Greater Odds of Having Internet Addiction



## Conclusion

Our results suggest that:

- being a male
- Chinese ethnicity
- higher form level
- feeling loneliness
- unable to sleep due to worrying of something
- insufficient parental supervision
- depression
- anxiety
- stress

were positively associated with internet addiction among school-going adolescents.

## Recommendation

Parents should communicate and spend quality time with the adolescents at level best for better and sufficient parental supervision.

